



MAKE A DIFFERENCE IN OUR COMMUNITY

OPPORTUNITIES FOR...

...EVERYONE

- **Pantry Shop & Stocks** Shop for groceries on your own or with friends to restock our pantries
- **Deliver monthly Healthy@Home groceries to isolated seniors**
- **Coordinate food, clothing, toiletries and paper drives**
- **Pack pantry bags for distribution**
- **Help at mobile pantry food distributions**
- **Assist at special events**



...TEENS

- **Create art for seniors and brighten their day**
- **Individualized projects** We will create a plan with you!
- **Shop for the food pantry**
- **Assist at special events**



...ADULTS

- **Deliver Kosher Meals on Wheels / Shabbat on Wheels to local residents**
- **Weekly friendly phone calls to isolated seniors**
- **Visit with a senior looking for a friendly hello & conversation once a week**



Questions?

Contact Edén Aaronson
Director of Volunteers & Community Programming
EdenA@JFCSonline.org / 609-987-8100 Ext 113

Complete a Volunteer Application!

