2020–2021ANNUAL REPORT



MOVING FORWARD>>>>>



OUR COMMITMENT

In a world of stress, health challenges, and disconnected families, Jewish Family and Children's Service (JFCS) of Greater **Mercer County** offers comprehensive social services in the Greater Mercer region for people of all ages and backgrounds. The agency provides help, hope, and healing with high-quality programs and clinical services.



HOW DO WE HELP? | HOW DO WE INSPIRE HOPE? | HOW DO WE HEAL?



Food Pantry and **Distribution Programs**

- Yvette Sarah Clayman Community Food Pantry
- JFCS Mobile Food Pantry
- · Healthy@Home

- Kosher Meals on Wheels
- Kosher Café
- Shabbat on Wheels



Mental Health and Support

- Individual, Family and Couple Counseling
- Psychiatric Assessments
- · Medication Monitoring
- Stabilization Services
- Crisis Case Management
- · Community Webinars
- Virtual Groups and Workshops

Caregiver

- Support Group
- Bereavement
- Support Groups

Senior Services

- · Geriatric Care Management
- Secure@Home Aging in Place Membership Program
- Senior Outreach Services for Low-income Seniors
- · Holocaust Survivor Services



Youth and Community Engagement

- Jewish Community Youth Foundation (JCYF)
- Gesher LeKesher Jewish Peer Leadership Program
- Volunteer Program
- Community Events

MOVING FORWARD>>>>> TOGETHER

There is a saying "If you want to go fast, go alone. If you want to go far, go together." This past year has not been about speed, but constant planning, assessment, and cooperation in order to make significant progress from where we were this time last year. Our lives may still look different than they did way back in 2019, yet we have made incredible strides as an agency and a community, to take steps toward brighter days.

Last year, we spoke about how we were "navigating the now" as 2020 challenged all of us to constantly figure out the best way to simply get through each day. As we entered 2021, things may not have immediately improved with the flip of the calendar, but we were all ready to move forward.

Moving forward, by growing...

The mobile food pantry kept rolling, full speed ahead, with the introduction of Poppy's Pantry in December 2020. The van is a secondary mobile food pantry vehicle, giving us even more flexibility and adaptability in reaching food insecure families in the Greater Mercer region. The mobile distribution schedule fills up more and more each month, and we can now be on two separate distributions at the same time or sending one vehicle to pick-up food from one of our local distributors or food drive partners while the other is making deliveries to those in need.

Moving forward, with healing...

For our clinical and senior departments, togetherness may still be primarily found by screen and phone, yet this has not disrupted our team's guidance of their clients. Our counselors have been a steady source of support for clients moving through the ups and downs of the year — addressing stress and uncertainty about getting together with loved ones, managing expectations when returning to work or school, and marking one year, and many months, since all our lives shifted. JFCS geriatric care managers have provided similar comfort to our seniors — helping secure appointments for the vaccine, making outdoor, socially distanced home visits when it was safe, and being a constant in the lives of older adults facing change.

Moving forward, with hope ...

In some ways, togetherness finally meant being together again in-person. Our fully vaccinated staff returned to the offices on a rotational schedule, our Board was able to meet outdoors over the summer and September, and both teen programs, Gesher LeKesher and the Jewish Community Youth Foundation, returned to in-person

meetings this fall following all appropriate safety measures. We were able to host an in-person fundraiser in October the 1st Annual JFCS Wheels for Meals bike ride fundraiser!

Moving forward, with your help...

To move forward now, we will need the support of this community more than ever. In the heart of the pandemic, we were fortunate to receive emergency funding and grants in direct support for COVID-relief services. These funds were one-time grants, yet our programs only continue to expand in reach. We turn to you, as we always have, for your generosity.

Please make a donation today. Thank you for your commitment to JFCS moving forward with help, hope and healing.



Executive Director

Board President



at Kosher Café

MOVING FORWARD>>>>>> BYTHE NUMBERS...



250 meals



delivered EACH WEEK to seniors through Kosher Meals on Wheels





over 31,000

individuals served through the mobile and on-site pantries in past 12 months

BAG DELIVERIES by MOBILE FOOD PANTRY = 100 bags



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Oct 2020	Nov 2020	Dec 2020	Jan 2021	Feb 2021	Mar 2021	Apr 2021	May 2021	June 2021	July 2021	Aug 2021	Sept 2021



Raised \$197,000

at first VIRTUAL Gala honoring 65 volunteers who stepped up during pandemic



of counseling clients seen in past year



28 Holocaust Survivors

receive regular case management AND participate in MONTHLY virtual Café Europa programs



16 Caregivers

meet biweekly via Zoom to share support

UThis isn't my support group, it's my survival group.



older adults receive regular support across **ALL** senior care programs and groups



2 JEWISH FAMILY & CHILDREN'S SERVICE | help · hope · healing

Through the darkest days of the pandemic, and for the challenges that continue long after, our mobile pantry program expands to address the increasing need for our services. We have grown the program in the past year to position ourselves as a valuable resource to food insecure individuals in the Greater Mercer region.

MOVING FORWARD>>>>>> ON MORE WHEELS



Forged partnerships bringing us further into areas of need in Greater Mercer.



Added Poppy's Pantry, a second Mobile Food Pantry vehicle, providing more flexibility and bandwidth to reach food insecure individuals.









On October 3, over 250 cyclists gathered at Mercer County Community College for the 1st Annual JFCS Wheels for Meals bike ride fundraiser supporting JFCS food programs. The event proceeds help fund the on-site and mobile food pantries and senior nutrition programs.











average number of mobile distributions per month

Average household size served by pantry:





served at the Kosher Café to low-income seniors in the last year

FUNDRAISING to NOURISH our NEIGHBORS

JFCS Nomen's ALLIANCE

Now in its 3rd year, the JFCS Women's Alliance welcomed 111 members for 2021–2022, raising **\$79,000** for the mobile food pantry. The Alliance members once again gathered virtually for the annual member event, hearing from bestselling cookbook author Leanne Brown, author of GOOD and CHEAP.



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llene Janofsky

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*Listed Women's Alliance Members as of November 1, 2021

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MOVING FORWARD >>>>>>

WITH HEALING

Our team of professional social workers became frontline workers in their own right by being the sounding board, the understanding ear, the source of comfort and support to all dealing with mental and emotional turmoil exacerbated by the challenging year we've endured.

Working as a licensed social worker during the ongoing pandemic allowed me to recognize the heightened importance in providing therapeutic services to support individuals from diverse backgrounds struggling with mental health challenges.

My approach to assist clients encompasses the use of a **culturally competent lens** to provide services for people struggling with mental health conditions. People of color are more often on the front lines of this pandemic, working as essential workers, placing this population at a greater risk to their physical health, greater risk of losing their employment, greater risk of becoming displaced or experiencing significant financial hardships.



ARLENE MUNOZ Licensed Social Worker

■ **70**% Counseling Services (English) 14% Counseling and Outreach Services (Spanish) **SERVICES 11**% East Windsor-Hightstown **BREAKDOWN Outreach Program** ■ 3% Early Intervention ■ 2% Psychiatric Assessments and Medication Management



10,418

counseling and support sessions provided in the past 12 months



100% of clients surveyed would recommend agency to a family member or friend

My counselor is exceptional and does an excellent job listening without judgment and providing professional support. I am extremely grateful. — JFCS Client

JFCS Geriatric Care Managers are adapting right along with the seniors we serve. Our senior care team has utilized technological resources to teach Holocaust Survivors how to connect on Zoom, developed creative ways to safely check in and support clients with outdoor home visits, and stayed up to date on the changing needs of a generation.



130 Seniors Received Care Management Support:

- · Geriatric Care Assessments
- Secure@Home Membership
- Senior Outreach Service Clients



114 Calls to Senior Helpline:

- Aging-in-Place Questions
- Long-term Care Options
- · Local Resources

MOVING FORWARD>>>>> WITH HOPE

How it started

Spring 2021, graduated 30 JCYF high school senior participants in the first ever **VIRTUAL** Check Ceremony





How it's going

121 JCYF participants and 40 Gesher LeKesher participants enrolled in respective programs





Our teen programs, including Gesher LeKesher, a youth mentoring and leadership program, and the Jewish Community Youth Foundation, a philanthropic program for Jewish youth, were able to return to in-person meetings this fall. Initially meeting outdoors, the teens now gather for trainings and sessions indoors at local synagogues, while following appropriate health and safety measures.

> JCYF is a project of JFCS and funded by the Ricky and Andrew J. Shechtel Philanthropic Fund. Gesher Lesker is partially funded by the Jewish Federation of Princeton Mercer Bucks.

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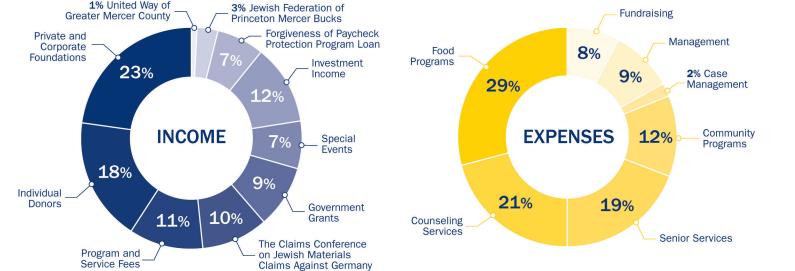
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