



WHEN THE HOLIDAYS HURT: GRIEF DURING A TIME OF CELEBRATION

A UNIQUE ONE-TIME SUPPORT SESSION FOR ALL WHO ARE GRIEVING

Living with your sadness when others are celebrating with family at festive meals.

Attendance at High Holiday services. Must I attend? What do I do when I get there? How can I prepare for what I will see and hear. Finding comfort in community.

This group will be facilitated by Chaplain Beverly Rubman.

Light refreshments will be served.

In this time of remembering loss, we pray for the taste of sweetness, even from the bitterness of death.

WHEN:

Wednesday, September 6

TIME:

6:30 p.m. — 8:00 p.m.

WHERE:

Jewish Family & Children's Service
707 Alexander Rd, Ste. 102,
Princeton, NJ

**THIS PROGRAM IS FREE,
BUT YOU MUST REGISTER**

**TO REGISTER CONTACT
BEVERLY RUBMAN AT:
beverlyr@jfcsonline.org or
609-987-8100, ext. 151**



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