



# #CollegeBound #SoNotReady

When your teen is facing the transition to college, they need prep beyond SAT study books. Help them develop the real tools to success...

managing stress and expectations 🧘‍♀️

🤔 problem solving and decision making

📖 maintaining a healthy balance 🍏

understanding others and communication skills



A Group for High School Juniors & Seniors Preparing for College

High school juniors and seniors share experiences, navigate the stress of college applications & plan for life after high school.



Tuesday evenings beginning October 3, 2017  
6:30 -8:00 PM



Jewish Family & Children's Service  
707 Alexander Road, Suite 102, Princeton

Total cost for 6 sessions: \$210\*  
May be covered by insurance/Medicaid

*Payment plans available*

*New participants must complete an intake assessment prior to workshop start.  
Pre-registration required.*



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**REGISTER TODAY SPACE IS LIMITED!!**